

# Subversive Cross Stitch Patterns: A Stitch in Time for Resistance and Empowerment



## 6 Subversive Cross Stitch Patterns: Featuring quotes by Amy Schumer, Chelsea Handler, Tina Fey, Sarah Silverman, Gloria Steinem and Carrie Fisher (What She Said Stitches Cross Stitch Patterns Book 2)

by What She Said Stitches

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Embroidery has long been associated with domesticity and femininity. In recent years, however, a subversive movement within the embroidery community has emerged, challenging these traditional notions and using cross stitch patterns as a vehicle for expression and resistance. Subversive cross stitch patterns often feature bold and witty slogans, feminist imagery, and political commentary, subverting the expectations of what is considered appropriate for this traditionally "ladylike" craft.

## The Rise of Subversive Cross Stitch

The origins of subversive cross stitch can be traced back to the early 2000s when crafters began to experiment with incorporating subversive messages and imagery into their cross stitch patterns. This trend gained momentum

through social media platforms like Etsy and Instagram, where stitchers shared their creations and inspired others to follow suit. Today, there is a thriving community of subversive cross stitch artists, creating patterns and kits that range from humorous to empowering to politically charged.

## **Types of Subversive Cross Stitch Patterns**

Subversive cross stitch patterns come in various styles and themes. Some popular types include:

- **Feminist cross stitch:** These patterns celebrate women's empowerment and challenge patriarchal norms. They often feature slogans like "The Future is Female" or depict powerful female figures.
- **Political cross stitch:** These patterns address social and political issues, such as climate change, LGBTQ+ rights, and racial justice. They aim to raise awareness and provoke thought.
- **Humorous cross stitch:** These patterns use wit and humor to subvert traditional cross stitch expectations. They feature clever wordplay, pop culture references, and unexpected images.
- **Pop culture cross stitch:** These patterns draw inspiration from movies, TV shows, music, and other popular culture sources. They allow stitchers to express their love for their favorite characters and stories.

## **The Power of Subversive Cross Stitch**

Subversive cross stitch patterns are more than just a playful hobby. They serve as a tool for empowerment and resistance. By stitching subversive messages, stitchers can express their beliefs, challenge societal norms,

and make a statement. Subversive cross stitch can also be a form of self-expression and a way to connect with a community of like-minded individuals.

## **Creating Your Own Subversive Cross Stitch Patterns**

If you're inspired to create your own subversive cross stitch patterns, here are a few tips:

1. **Start with a clear message:** Decide what you want to communicate with your pattern and keep your message concise and impactful.
2. **Choose a visually appealing design:** Your pattern should be visually appealing and draw attention to your message. Consider using contrasting colors, bold fonts, and interesting shapes.
3. **Use your creativity:** Subversive cross stitch is about breaking rules and expressing yourself. Don't be afraid to experiment with different stitches, colors, and textures to create a unique and eye-catching design.
4. **Share your work:** Once you've created your pattern, share it with others on social media or join a subversive cross stitch community. Your work can inspire and empower others.

Subversive cross stitch patterns are a powerful form of expression and empowerment. By subverting traditional embroidery conventions, stitchers can challenge social norms, make a statement, and connect with others who share their beliefs. Whether you're a seasoned stitcher or a curious beginner, we encourage you to embrace the subversive cross stitch movement and stitch your way to resistance and empowerment.



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