### **Oncoplastic Breast Surgery: A Comprehensive Guide to Clinical Practice**



#### **Oncoplastic Breast Surgery: A Guide to Clinical**

**Practice** by Justin L. Lockman

★ ★ ★ ★ ★ 4.7 out of 5

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Oncoplastic breast surgery is a specialized field that combines the principles of cancer surgery with plastic surgery techniques to achieve the best possible outcomes for breast cancer patients. By combining these two disciplines, oncoplastic surgeons are able to remove the cancer while also preserving the breast's natural shape and appearance.

This article provides a comprehensive guide to the clinical practice of oncoplastic breast surgery, including indications, techniques, and outcomes.

#### **Indications for Oncoplastic Breast Surgery**

Oncoplastic breast surgery may be indicated for a variety of reasons, including:

\* To remove a breast cancer while preserving the breast's natural shape and appearance \* To reduce the risk of recurrence after breast cancer surgery \* To improve the symmetry of the breasts after breast cancer surgery \* To correct breast deformities caused by breast cancer surgery

#### **Techniques of Oncoplastic Breast Surgery**

There are a variety of oncoplastic breast surgery techniques that can be used to achieve the desired outcomes. These techniques include:

\* Breast-conserving surgery: This type of surgery involves removing the cancer while preserving the majority of the breast tissue. Breast-conserving surgery is typically performed for early-stage breast cancers that are small and have not spread to the lymph nodes. \* Mastectomy: This type of surgery involves removing the entire breast. Mastectomy is typically performed for larger breast cancers or for cancers that have spread to the lymph nodes. \* Breast reconstruction: This type of surgery involves rebuilding the breast after a mastectomy. Breast reconstruction can be performed using a variety of techniques, including implants, tissue flaps, and autologous fat transfer.

#### **Outcomes of Oncoplastic Breast Surgery**

The outcomes of oncoplastic breast surgery are generally very good. Studies have shown that oncoplastic breast surgery is as effective as traditional breast cancer surgery in terms of cancer control. In addition, oncoplastic breast surgery can also improve the quality of life for breast cancer patients by preserving the breast's natural shape and appearance.

Oncoplastic breast surgery is a specialized field that offers a variety of benefits for breast cancer patients. By combining the principles of cancer surgery with plastic surgery techniques, oncoplastic surgeons are able to achieve the best possible outcomes for breast cancer patients.

If you are considering breast cancer surgery, be sure to ask your doctor about oncoplastic breast surgery. This type of surgery may be right for you if you want to preserve the breast's natural shape and appearance while also receiving the best possible cancer care.



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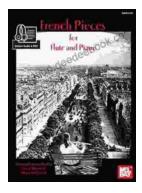
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