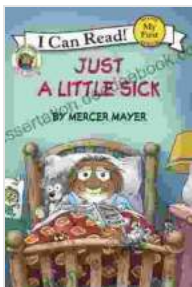


Just Little Sick: My First Can Read - A Story About Coping with Illness

This book is perfect for children ages 4-8 who are experiencing illness for the first time. It uses simple language and engaging illustrations to explain what is happening to their body and how they can feel better.

The story follows a little girl named Lily who is feeling sick. She has a fever, a runny nose, and a cough. She is scared and doesn't know what to do. Her parents comfort her and tell her that she will be okay.

Lily's doctor explains that she has a cold and gives her some medicine to help her feel better. Lily takes her medicine and rests in bed. She feels better the next day and is able to go back to school.



Little Critter: Just a Little Sick (My First I Can Read)

by Mercer Mayer

★★★★☆ 4.8 out of 5

Language : English

File size : 7146 KB

Screen Reader : Supported

Print length : 32 pages



Just Little Sick is a comforting and reassuring story that helps children understand and cope with being sick. It is a valuable resource for parents and teachers who are looking for ways to help children deal with illness.

There are many benefits to reading Just Little Sick to your child. Some of the benefits include:

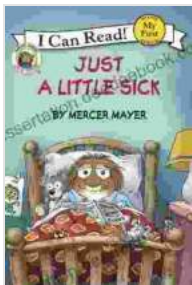
- **Helps children understand what is happening to their body when they are sick:** The book uses simple language and engaging illustrations to explain what is happening to Lily's body when she is sick. This helps children to understand that being sick is not something to be afraid of and that it is something that will pass.
- **Helps children cope with the symptoms of illness:** The book provides tips on how to cope with the symptoms of illness, such as resting in bed, drinking plenty of fluids, and taking medicine. This helps children to feel more comfortable and in control of their illness.
- **Reassures children that they will get better:** The book ends with Lily feeling better and going back to school. This reassures children that they will also get better and that they will be able to get back to their normal activities.
- **Provides a comforting and reassuring story:** Just Little Sick is a comforting and reassuring story that helps children to feel less scared and alone when they are sick. It is a valuable resource for parents and teachers who are looking for ways to help children deal with illness.

Just Little Sick can be used in a variety of ways to help children cope with illness. Here are a few ideas:

- **Read the book to your child when they are sick:** Reading the book to your child when they are sick can help them to understand what is happening to their body and how they can feel better. It can also provide them with comfort and reassurance.

- **Talk to your child about the book:** After you read the book to your child, talk to them about what they learned. Ask them questions about what they understood and what they still have questions about. This will help them to process the information and to understand it better.
- **Use the book as a starting point for a discussion about illness:** You can use the book as a starting point for a discussion about illness. Talk to your child about their own experiences with illness and how they coped. This can help them to feel more comfortable and confident about dealing with illness in the future.

Just Little Sick is a valuable resource for parents and teachers who are looking for ways to help children cope with illness. It is a comforting and reassuring story that helps children to understand what is happening to their body and how they can feel better.



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