

# Daily Drumset Lessons: Teach Yourself to Play Drums

Have you always dreamed of playing drums? With daily drumset lessons, you can make that dream a reality. This comprehensive guide will teach you everything you need to know, from basic techniques to advanced rhythms.



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by Paul F. Berliner

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Whether you're a complete beginner or you've been playing for a while, these lessons will help you improve your skills. With daily practice, you'll be able to play your favorite songs and impress your friends and family.

## Getting Started

Before you start playing, you'll need to gather some basic equipment. This includes a drumset, drumsticks, and a metronome. You can find all of these items at your local music store.

Once you have your equipment, you're ready to start learning. The first step is to learn how to hold the drumsticks. There are two main grips: the matched grip and the traditional grip. The matched grip is more common, and it's the one that we'll be using in these lessons.

To hold the drumsticks in the matched grip, place your left hand on the top stick and your right hand on the bottom stick. Grip the sticks loosely, with your thumbs and forefingers pointing towards each other. Your wrists should be slightly bent.

Once you have a good grip on the sticks, you can start practicing your basic strokes. The four basic strokes are the single stroke, the double stroke, the paradiddle, and the flam.

The single stroke is the most basic stroke. To play a single stroke, simply hit the drum with one stick. The double stroke is similar to the single stroke, but you hit the drum twice with the same stick. The paradiddle is a combination of two single strokes and a double stroke. The flam is a combination of two single strokes played very close together.

## **Practice Makes Perfect**

The key to learning how to play drums is practice. Try to practice at least 30 minutes each day. As you practice, you'll start to develop muscle memory and your coordination will improve.

It's important to be patient when you're learning how to play drums. It takes time and practice to develop good technique. Don't get discouraged if you don't see results immediately. Just keep practicing and you'll eventually reach your goals.

## Learning Songs

Once you've mastered the basic strokes, you can start learning songs. There are many different ways to learn songs. You can find sheet music online or in books, or you can learn by ear. If you're learning by ear, start by listening to the song carefully and trying to identify the different drum parts. Once you have a good understanding of the song, you can start practicing playing along.

Learning songs is a great way to improve your skills and expand your repertoire. It's also a lot of fun! Here are a few tips for learning songs:

- Start with songs that are relatively easy to play.
- Break the song down into smaller sections.
- Practice each section slowly and gradually increase the speed.
- Don't be afraid to make mistakes.
- Have fun!

Learning how to play drums can be a challenging but rewarding experience. With daily practice and dedication, you can achieve your drumming goals. So what are you waiting for? Grab your drumsticks and start practicing today!



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